

Free parent education workshop

for parents of young children six and under

Enhancing cooperation and connecting emotionally

Play is a child's first and fundamental language and an important part of healthy development. This workshop will look at what play is, why it is important in development and parent-child relationships, and how to use it to support connection and cooperation. This workshop is designed for parents of children under the age of six who are experiencing emotional and/or behavioural difficulties at home, school and/or in the community, including but not limited to: aggression, anger, anxiety, attachment issues, defiance, sadness/withdrawal and shyness. Learn more about how to engage your child in a playful manner to help them co-operate and thrive emotionally and behaviourally.

Presented by Norette Rene-Gougeon, Child & Family Therapist
and Petrea Hansen-Adamidis, Expressive Arts Therapist

Registration is required and child care is available.

Thursday, October 24, 2019
6 to 8 p.m.

114 Maitland Street, Toronto
SickKids Centre for Community Mental Health

To reserve your spot email with details
familiesfirst@sickkidscmh.ca
or call 416-924-1164 ext. 2167



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