
Free parent education workshop

for parents of young children – 6 years

When feelings feel too big

Making sense of your child's emotional world

**Monday May 28, 2018
6 - 7:30 p.m.**

**114 Maitland Street, Toronto
SickKids Centre for Community Mental Health**

We know that feelings of anger, frustration,
and excitement are all part of a young
child's healthy development.

Yet these feelings can be scary and challenging
for both the children who experience them,
and for the adults watching from the sidelines.

Come explore some ways of understanding and
responding to your little one's feelings with other families
who are in the same boat.

Presented by Lisa Ihnat,, MSW
Child & Family Therapist

Registration is required and
child care available

To reserve your spot email with details

familiesfirst@sickkidscmh.ca

OR call 416-924-1164 ext. 2167



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