

# Free Parent education workshops

for parents of young children - 6 years

## Enhancing cooperation and connecting emotionally

**Thursday July 12, 2018  
6 - 7:30 p.m.**

**1645 Sheppard Avenue West  
SickKids Centre for Community Mental Health**

Play is a child's first and fundamental language and an important part of healthy development. This workshop will look at what play is, why it is important in development and parent-child relationships, and how to use it to support connection and cooperation. This workshop is designed for parents of children under the age of six who are experiencing emotional and/or behavioral difficulties at home, school and/or in the community, including but not limited to: aggression, anger, anxiety, attachment issues, defiance, sadness/withdrawal, shyness, etc. Learn more about how to engage your child in a playful manner to help them cooperate and thrive emotionally and behaviorally.

Presented by Tobi Baker, Child & Family Therapist  
& Petrea Hansen-Adamidis, Expressive Arts Therapist

Registration is required and  
child care available

To reserve your spot email with details

[familiesfirst@sickkidscmh.ca](mailto:familiesfirst@sickkidscmh.ca)

OR call 416-924-1164 ext. 2167



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