

# Free parent education workshop

for parents of young children up to six years

---

## Enhancing cooperation and connecting emotionally

Play is a child's first and fundamental language and an important part of healthy development. This workshop will look at what play is, why it is important in development and parent-child relationships, and how to use it to support connection and cooperation. This workshop is designed for parents of children under the age of six who are experiencing emotional and/or behavioural difficulties at home, school and/or in the community, including but not limited to: aggression, anger, anxiety, attachment issues, defiance, sadness/withdrawal and shyness. Learn more about how to engage your child in a playful manner to help them cooperate and thrive emotionally and behaviorally.

Presented by Petrea Hansen-Adamidis, Child & Family Therapist

Registration is required and child care is available.

---

**Wednesday, Jan. 29, 2020**  
**6 to 8 p.m.**

1645 Sheppard Ave West, Toronto  
SickKids Centre for Community Mental Health

To reserve your spot email with details

[familiesfirst@sickkidscmh.ca](mailto:familiesfirst@sickkidscmh.ca)

or call 416-924-1164 ext. 2167



**SickKids®**

Centre for  
Community  
Mental Health