
Free parent education workshop

for parents of children 5 to 10 years

Learning about ADHD: An introductory workshop

Children with Attention-Deficit Hyperactivity Disorder may experience many different challenges at home, school, and in the community.

Learn about how ADHD affects the brain, effective parenting strategies and supportive resources.

**Presented by Sarah Ohana, OT Reg. (Ont.)
& Adia Shivraj, MSW, RSW**

Registration is required and childcare is available.

Wednesday February 19, 2020
6:00 to 7:30 p.m.

1645 Sheppard Ave West
SickKids Centre for Community Mental Health

To reserve your spot, email with details
familiesfirst@sickkidscmh.ca
or call 416-924-1164 ext. 2167



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