



Caring and
Courageous

2013 – 14 ANNUAL REPORT

The
Hincks-
Dellcrest
Centre

A children's mental health treatment,
research, and teaching centre

Caring and Courageous

Dear Friends:

"Caring and Courageous" is the combination of strength and compassion, and the perfect description for what Hincks-Dellcrest brings to the delivery of children's mental health services. It's also the theme of this year's Annual Report.

Hincks-Dellcrest's passion begins at the Board, and extends through our staff, directly into the homes of our clients and their families. It's the *caring* part of our work. We are inspired to provide the best care possible every day. Even external reviewers such as the Council of Accreditation have commended us for the compassion we bring to clients and families.

This was a year of firsts – breaking new ground in programs, community outreach, engaging families and in our quest for the highest quality, training and education.

There is growing recognition that mental health issues affect entire families – parents, caregivers and siblings. The focus on children's mental health is even a stated priority of both the provincial and federal governments. It's the best form of prevention and early intervention for adult mental illness. Hincks-Dellcrest is at the cutting edge of a broader realization that mental health is a family disease.

However, even with those government commitments, there are significant challenges ahead. Without clearly-defined children's mental health services, and because of waiting times, families dealing with children's mental health issues often turn to hospital

emergency rooms. Sadly, emergency rooms are not equipped to deal with such problems.

With the expertise and passion of our staff, clients, families and Board members, we are uniquely positioned to inform broader system reform. With the approval of the Ministry of Children and Youth Services we have begun rebuilding our services around the clinical and supportive needs of children and their families. This year we launched our Clinical Transformation initiative, and we are truly excited about changes coming from within our organization.

It's extraordinary to look throughout our organization and see the shared commitment to bringing hope, optimism and possibilities to the children and families we serve.

Together we are building an innovative, world-class centre for child and family mental health – a place where children and families can turn in their time of need.

Sincerely,



Ian Smith
Chair of the
Board of Directors



Donna Duncan
President and CEO



HIGHLIGHTS FROM 2013-14



Inaugural Participation in Toronto Pride Parade – The Hincks-Dellcrest Centre celebrated Pride Week by participating in Toronto's 33rd Annual Pride Parade. This was our first-ever march in the parade, and a successful opportunity for Hincks-Dellcrest staff, clients and volunteers to support our community.

First-Ever All-Staff Retreat – On November 15, 2013, Hincks-Dellcrest held our first-ever all-staff retreat at the North York City Centre. It was a historic day as more than 130 staff members from all sites, programs and disciplines spent a full day discussing the organization's future goals, priorities and strategies.

Enhancing Leadership Capacity

In 2013-14, Hincks-Dellcrest participated in some unique initiatives to enhance our leadership capacity in the children's mental health sector.

Leaders for Success – In partnership with George Brown College, Central Toronto Youth Services, Turning Point Youth Services and Oolagen, and with support from the Toronto Region office of MCYS, Hincks-Dellcrest had seven participants in this unique leadership development program customized for Toronto's children's services sector. We are very proud of our participants: Julie Burdon, Megan Cowan, Sue Knox, Stefan Kostrzewa, Andrea Roberts, Luis Santander and Erica Watson.

Youth Justice Partnership – Hincks-Dellcrest joined with Turning Point Youth Services (TPYS) to consolidate our services for Youth Justice Open-Custody and Open Detention. Together Hincks-Dellcrest and TPYS are developing a mobile team of specialists, including psychiatry, psychology, nursing and substance abuse expertise to support the Youth Justice Central Region.

Your Noble Cause!

CHILDHOOD IS SHORT AND WAIT TIMES ARE LONG

THIS IS THE GRAND CHALLENGE THE FOUNDATION TRIES TO RESPOND TO EVERY DAY IN ITS SUPPORT OF THE HINCKS-DELLCREST CENTRE FOR CHILDREN'S MENTAL HEALTH

As a young and passionate foundation, we entered the last fiscal year with a mission to determine how we could best serve the Centre as a strategic enabler. There is a direct link between giving to The Foundation and getting children off wait lists and into treatment.

We set our sights to accomplish three critical goals:

1. Build an inaugural strategic plan to guide our growth for the next three years to become the "go-to" charitable foundation for children and families' mental health in Canada.
2. Create the internal capacity to raise more funds to support Hincks-Dellcrest's world class programs, capital, training and research.
3. Create the platform to become an independent foundation with an autonomous Board of Trustees, in order to have a distinctive focus on fundraising and awareness building for Hincks-Dellcrest.

This was a year of firsts: a new vision, mission, values, and plan. A renewed Board of Trustees. A new fundraising case: raising funds to support Hincks-Dellcrest's transformation of its clinical model to help lead the way in resolving system issues that prevent children and families from accessing treatment in a timely way.

Perhaps what inspired The Foundation the most, however, was the recognition that now is the time for children's mental health to shine! Our NOBLE CAUSE!

Our epiphany goes deeper: giving support to children and families' mental health is THE ultimate way to contribute and make a difference. Why? Because as the World Health Organization says, "Without mental health, there is no health." And as our donors and volunteers say, "Without ensuring the mental health of our children, there is no future."

We celebrate our donors and volunteers in this annual report. When you give to help children, you are expressing something profound: that you believe in the life of each child that Hincks-Dellcrest serves AND that the future holds a place for him or her!

The Foundation proudly supports the Centre and Institute, and looks forward to celebrating another year of children and families' mental health as your noble cause this coming year!



Calvin Younger
Chair of the
Foundation Board
of Directors



Valerie Campbell
President and CEO



Successful Strategic Plan Process – This year the Hincks-Dellcrest Foundation completed our first-ever strategic planning process, creating a roadmap that will guide our activities and growth over the next three years.

The Foundation’s Strategic Plan was developed alongside the strategic plans of the Centre and the Gail Appel Institute. Our overall objective is to define the space for children and families’ mental health fundraising in Canada. The Foundation’s ultimate goal is to empower donors and volunteers to contribute in a way like no other. Overall, we aspire to help our supporters help children by giving them childhoods.

A New Era of Development and Governance – The Foundation Becomes Independent – The Centre and Foundation worked closer than ever this past year as The Centre Board of Trustees launches The Foundation as an independent organization that can focus on raising funds and awareness on behalf of Hincks-Dellcrest. This included introducing new by-laws to provide for an independent Foundation Board to govern The Foundation.

SUCCESSFUL FUNDRAISING EVENTS – THE FOUNDATION HAD OUR MOST SUCCESSFUL YEAR FOR FUNDRAISING EVENTS

One Night Stand: Taking a Stand for Children’s Mental Health brought together more than 400 young professionals – our next generation of Hincks-Dellcrest donors – to raise more than \$70,000, the most successful event to-date.

Our 17th Annual Gala – Raise a Child’s Smile: Gatsby’s Style hosted more than 500 Gatsby-esque revellers and raised \$440,000, a new record to support Hincks-Dellcrest’s initiatives to help children move off wait lists and into active treatment. Host Ben Mulrone welcomed guests, and The Giving Tree Foundation delighted donors, supporters and staff with a surprise gift of \$50,000.

Hincks-Dellcrest is indebted to CIBC for its long-standing support of the gala as our Gold Sponsor. Thanks also to Bell Canada as our Silver sponsor, and overall gala support.

In a record breaking year, **CIBC’s Charity Golf Classic** raised nearly \$50,000 for children and families at Hincks-Dellcrest. The 21-year-old event has become a mainstay on the summer golf scene, raising more than \$1.6 million for charities that help children. Hincks-Dellcrest is proud to be a partner with CIBC, and we offer our deepest thanks to all of the golfers who work tirelessly to make this tournament such a success.

“Hincks-Dellcrest is the safest place I’ve been. Even in situations that scared me, I knew I was still safe.”

A TEEN RESIDENT WHOSE LIFE WAS TRANSFORMED AT HINCKS-DELLCREST

“When I first came to Hincks-Dellcrest, I didn’t like it!” “S” expresses herself honestly, reflecting on who she was at the time she became a resident in 2011, and the mature, thoughtful, self-reflective teen she has become in 2014.

“S” had struggled at other organizations before arriving at our doors, expecting more of what she had experienced in the past: a rigid and depersonalized approach to her treatment, oppressive rules that put her in a holding pattern, and not being able to understand who she is as a person.

Anger, conduct disturbances, and difficulty focusing had defined “S”’s life before her residency at Hincks-Dellcrest. Now, she is planning on graduating from high school, and as she so aptly puts it, “getting on with my life!” This includes teaching swimming classes to other young people.

Two things turned things around for “S”: her connection to the other children at the Centre. “We are like a family. I have one friend who has become like a sister to me.” Also, “S” learned how to cope. “I discovered

how to talk about the things that were bothering me, and how to pick my battles.”

Our psychiatrists, psychologists, social workers, and child and youth workers teach and model self awareness. The therapeutic strategy is called DBT (Dialectical Behavioural Therapy), and it is effective to help people change behaviour patterns, particularly dangerous ones such as self-harm, suicidal thinking and substance abuse.

DBT shows children how to recognize the triggers that set off behaviours that could be harmful to themselves and others, then determine the coping skills that will prevent reactive states. Interestingly, DBT makes the fundamental assumption that children are doing the best they can, but through no fault of their own, lack the skills or are influenced by positive or negative situations in their lives that affect their coping abilities.

“I felt safe at Hincks-Dellcrest to understand these things, because I realized that no one was going to leave me or insult me, or blame me; that I was respected.”



The more that “S” got to know herself, the safer she felt, until she was in a frame where she could manage her own feelings.

“I’m an outdoors person. I spent the summer near Hincks-Dellcrest’s Farm in Thornbury, camping outdoors, setting up tents, cooking. I loved it! I led the way for the kids to do cliff jumping!” “S” also mastered doing double black diamond hills through the generous support of a donor-funded ski program. Through another donor’s support, she learned the flying trapeze at the Toronto School of Circus Arts. Next on “S”’ list: “I’d like to go parachuting with my dad to celebrate his birthday this year!”

“I discovered that I am a leader,” “S” reveals. She won the *Camper of the Block* award for being the most helpful, and overcoming fears. “I learned that I am a talker, and that I don’t like being alone.”

“S” also led the residents’ fundraising program to support an orphanage in India. They raised \$400 - a record-breaker.

Now, as “S” enters her late teens, having come so far, and thinks about life as an adult, she has transitioned to the semi-independent program. “S” lives between Hincks-Dellcrest and her family home, and like most teens her age, negotiates her curfew and activities with staff at the Centre. She dreams of a future where she can travel to Australia and see the kangaroos, and of embarking on a career of her own, and how she can help others who have shared her struggles.

“I’ve become a different person at Hincks-Dellcrest. I’ve learned that I can be who I am, and be okay with it.”

Advice from “S” for Other Children Struggling With Mental Illness

“Surround yourself with people who can do what you want to do, and who you feel safe talking to about it. “

The Hincks-Dellcrest Clinical Transformation Project

A Journey to Excellence

HINCKS-DELLCREST IS LEADING THE CREATION OF AN INNOVATIVE, EFFICIENT MODEL FOR THE DELIVERY OF CHILDREN'S MENTAL HEALTH SERVICES

It's time. Hincks-Dellcrest's funding has remained the same for over two decades. While our funding has been static, the need for children's mental health services has skyrocketed. Our fiscal situation, along with the needs of children and their families, demands an innovative and unique solution.

Our Clinical Transformation initiative is that solution. Led by Vice-President Roxana Sultan, the Hincks-Dellcrest Clinical Transformation initiative is an ambitious plan to leverage internal and external resources to reduce wait times, improve the flow of children and youth through our services and maintain the high standard of care that clients and their families deserve.

Sadly, Hincks-Dellcrest often has up to 400 children and families waiting for services. The waiting period can sometimes last an entire year – a significant window of time in the life of a child.

The Clinical Transformation initiative aims to tackle wait times by improving integration and flow throughout the continuum of services – intake, assessment, treatment, after care and reintegration into the home, school and community.

One of the initiative's key changes has been the introduction of *Active Waiting* – offering brief and focused intervention for children and their families who are waiting for more intensive services. "It's therapy before they even get into therapy," explained Roxana.

Active Waiting assures children and families they will get the help they need. Hopefully, for some children and youth, a brief intervention may be all they need.

The traditional approach to children's mental health has focused on putting the child in a treatment program, often for an indefinite



period of time. The Clinical Transformation initiative, however, focuses on carefully monitoring outcomes to ensure each child obtains measurable benefits from the care they receive, and that each child receives the right amount of treatment that they need.

One of the exciting changes we're introducing is transitioning residential services for children aged 6-12 to an Intensive In-Home Services model. Research shows that residential treatment does not yield the best results for kids in that age range. The residential program will be phased-out in mid-to-late 2014, and the new In-Home Services will launch later this year.

A typical in-home service will feature an interdisciplinary team – psychiatrists, social workers and child and youth workers – to provide caring and complete treatment. Roxana says, "Rather than have the child come to us, we can go to them."



For the children, youth and families that we serve, the clinical transformation provides hope for the future. It's hope that the services they need will be available when they need them – at the right time, in the right place and with the right professional team.

Meeting the Highest Standards

HINCKS-DELLCREST IS PROUD OF OUR CONTRIBUTION TO CHILDREN'S MENTAL HEALTH, BUT WE ARE ESPECIALLY PROUD WHEN AN OUTSIDE AGENCY VISITS OUR ORGANIZATION AND RECOGNIZES THE EXCELLENT WORK WE DO WITH CHILDREN AND FAMILIES

This year the Centre successfully received Accreditation Status from the Council on Accreditation (COA), based in the U.S. For Hincks-Dellcrest, accreditation represents a key part of our Clinical Transformation strategy and drives our commitment to continuous quality improvement.

COA accreditation affirms that Hincks-Dellcrest meets the highest international standards of best practice, and establishes our organization's credibility as effective and professionally sound. Most importantly, it assures our clients, families and partners that The Hincks-Dellcrest Centre delivers needed, high-quality services in our community, conducts our operations successfully and manages our funds effectively.

Council of Accreditation Recognizes Hincks-Dellcrest Strengths

In its final report, the Council recognized a number of our unique strengths. The praise began at the top when the Council saw that our organization is overseen by an "outstanding, dedicated and passionate" Board of Directors. One of the peer reviewers said, "The first thing that resonated was that the passion within the organization started with the Board."

The reviewers had the same levels of enthusiasm for the staff, remarking, "There is a tremendous level of professionalism and commitment among the staff," and "Staff share an extraordinary passion and dedication – you can feel it!"

Most importantly, peer reviewers recognized Hincks-Dellcrest's ongoing commitment to clients and families. "Hincks-Dellcrest staff are really great at engaging parents and supporting diversity."

Taking Services Into the Community

The COA peer reviewers also commended the Centre for taking services into the communities where our families live. We can see this outreach when we look at our Clinical Transformation initiative. For example, as part of our transformation, our Mobile Youth Justice Clinical Team will be going onsite to serve the clinical needs of youth justice clients in open custody or open detention facilities in the Central Region. Similarly, the Intensive In-Home Services will be providing service to clinically complex children in their homes and communities. In both cases, Hincks-Dellcrest goes directly to the client, and engages children and parents as a family unit.

Continuous Quality Improvement

The formal accreditation process is over, but for Hincks-Dellcrest, the COA accreditation was but one significant milestone along our journey of excellence. Hincks-Dellcrest is committed to Continuous Quality Improvement – being transparent about our practices and constantly striving for and achieving new levels of excellence each and every day.



COUNCIL ON ACCREDITATION

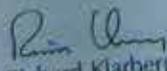
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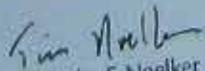
The Hincks-Dellcrest Treatment Centre
Toronto, Ontario

is

Accredited through March 31, 2017

Meeting the Highest National Standards
of Professional Performance


Richard Klarberg
President and CEO


Timothy F. Noelker
Chair, Board of Trustees



We're all in this together

That's the credo Hincks-Dellcrest lives by as staff come together with parents and caregivers with the aim of improving children's mental health services. Last year, The Hincks-Dellcrest Centre took this relationship a step further by launching the Parent Advisory Council, a groundbreaking initiative that gives parents and caregivers a foundational role in advising the Centre on the delivery of services to children and families.

Although the Parent Advisory Council is in its infancy, it has already had a real impact on the Centre's strategic planning and decision-making. The committee reviews all items being discussed by the management team, so when it arrives at the Board, it already has input from parents. In fact, the council has a presence at the Board level, as the committee's Chair – Kim Moran, a Hincks-Dellcrest parent – also sits on the Board's Quality Assessment standing committee.

The Parent Advisory Council is another example of the importance of working hand-in-hand for children. As Kim explains, her daughter attends day treatment and is home in the evenings and overnight. "Her treatment does not exist in a vacuum," Kim explained. "We must all work together on the child's treatment plan."

These conversations happen around the dinner table and have even spurred some key changes in the Centre's programming.

For example, early in the council's work, the group noticed substantial differences in the way programs were being executed across the organization. "These observations are unique from a parent's perspective," Kim explained. "The parents were sharing stories about our experiences with a range of Hincks-Dellcrest services, and we noticed some real differences." This observation led to recommendations that improved consistency across our different programs.

The council is also taking steps to improve the Centre's overall outreach to parents. In the upcoming year, the group will commission an opinion survey of Hincks-Dellcrest parents, and will integrate their feedback as part of the council's review work. Knowing what parents go through to navigate an often-confusing children's mental health system, one of the council's priority projects is a manual to help parents find the right services for their children.

Parents of children struggling with mental illness have insight into what makes programs effective, user-friendly and approachable. Actively getting their insights will lead to invaluable service enhancements with the children and parents in mind.

Leading Hincks-Dellcrest's Commitment to Expertise, Knowledge and Sector Leadership

FOR HINCKS-DELLCREST, THE PAST YEAR MARKED A TIME OF GREAT INVESTMENT IN THE GAIL APPEL INSTITUTE. OUR INVESTMENT IN THE INSTITUTE SIGNIFIES OUR COMMITMENT TO GROWING OUR EXPERTISE AND LEADERSHIP, EXPANDING OUR CAPACITY FOR KNOWLEDGE, AND LAYING THE GROUNDWORK FOR A SUCCESSFUL FUTURE.

We are building new content and programming to support *Moving on Mental Health*, the Ministry of Children and Youth Services (MCYS) plan for sector reform. At the same time, the Institute is collaborating with the Centre and integrating initiatives to augment Hincks-Dellcrest's Clinical Transformation initiative.

Organizations around the world are taking strides to increase their capacity in meeting

the challenges of children's mental health issues, and this year's enhancement at the Institute will anchor Hincks-Dellcrest as a global leader in the sector.

Supporting Clinical Transformation with Cross-Pollination and Collaboration

The Institute led the way for collaboration as several Centre staff delivered training through the Institute, bringing their expertise to the broader sector and helping build capacity.

- Dr. Marshall Korenblum delivered a session on Adolescent Depression
- Christie Hayos and Dr. Dianne Philip introduced Reflective Family Play, a groundbreaking new therapy

The Cutting Edge for Brief Therapy

The Institute also laid the foundation to build more bridges within the sector by creating a curriculum for Brief Therapy. The Hincks-Dellcrest Centre will use the Institute's



curriculum when we launch the therapy later in 2014. Our focus on Brief Therapy is aligned with MCYS's goal to ensure all agencies in the province offer Brief Therapy as a core service.

Groundbreaking Interpersonal Neurobiology Conference

This year, we hosted Dr. Dan Siegel's full-day workshop for clinicians, as well as an evening for families on Interpersonal Neurobiology. This was followed by two days of groundbreaking presentations by clinicians and researchers working at the intersection of neurobiology, mindfulness and innovative therapeutic practice.

The success was overwhelming, and extended our reach beyond the walls of Hincks-Dellcrest. The parents' evening was standing-room only, and the proceedings became the topic of a TVOParents blog.

See www.tvoparents.tv.org/blog/tvoparents-blog/how-you-parent-changes-your-childs-brain

Our Global Reach

This year the Institute received international recognition and seed funding for two Grand Challenge research projects. A Grand Challenge is a critical barrier that, if removed, could help solve health problems in the developing world while possibly making a global impact.

Together the two Grand Challenge Seed Grants provide two-year grants totaling \$250,000. The Institute will collaborate with international partners to direct its research capacity on:

Participatory Intervention to Reduce Neonatal, Infant and Child Mortality and Maternal Depression.

The Institute's Dr. Nancy Cohen will partner with Batool Fatima from the Pakistan Institute for Living and Learning to explore the effectiveness of Learning Through Play with cognitive-behavioural intervention to help relieve depression and improve problem-solving in mothers of infants.

Maternal and Newborn Health and Early Childhood Development in Rural Low Literacy Settings of Ethiopia.

In collaboration with the Christian Children's Fund of Canada, the Institute's Dr. Nancy Cohen and Dr. Fataneh Farnia will explore initiatives that aim to improve the physical, linguistic and socioemotional development of children 0-2 years old in rural Ethiopia.

A Community of Caring and Courage

HINCKS-DELLCREST'S ABILITY TO HELP CHILDREN AND THEIR FAMILIES STRUGGLING WITH MENTAL ILLNESS IS ONLY POSSIBLE BECAUSE OF THE ONGOING AND GENEROUS CONTRIBUTIONS OF OUR VOLUNTEERS AND SUPPORTERS. THANK YOU!



Corporate Volunteer Program: Promoting Public Awareness of Children's Mental Health

This year, thanks to the time and resources donated by our corporate supporters, we renovated our Sheppard reception area, painted the therapy rooms and the teen's cafeteria, and even treated the teens to some delicious meals prepared by corporate volunteers! We were also able to turn former storage areas into new office space.

We are extremely grateful for the support given by these corporations, allowing their staff to share dedicated time and skills to assist our families and children.

Instructor: Connie Chisholm **Students:** Corey Macdonald, Kevin Jones, Andreas Moreno, Matthew Chan, Chadd Kam, Vanessa Kackson, Neil Botelho, Katarina Ennamorato, Courtney Black, Wyatt Walkem, Robbie Vacchiarelli, Jesse Wilson, Brendon Taylor, Peter Harrington, Allsun Campbell, Duncan McNeil, Cristyan Leathley

Hilti Canada Volunteers: Nadia Elsayed, Omar Ennaffati, Dany Guimond, Steven Blay, Mark Stewart, Himanchu Jham, Laura Newell, Aibek John, Bruce McKinney, Virginia McNeil, Susanne Morra

CIBC Volunteers: Edward Penner, Sandye Bains, Ruth Singh, Jacquelyn Roncadi, Myint Zaw, Heather Pagura, Ralph Aulicino, Helen Crooke

Manulife: Ada Fung, Alla Casciato, Edwina Stoate, Francine Jones, Grant Viebrock, Jim O'Brien, Jim Brasseur, Natalie Loy, Linda Rehab

Janssen: Kimberly Neil, Ashton Selyan, Suji Thanghava, Leandra Wells, David Brown, Ben Minbashian, Jennifer Rose, Frances Salayo

VOLUNTEERS CONTRIBUTE TO CENTRE PROGRAMS



IN 2013, OUR VOLUNTEERS WERE INVOLVED IN ALMOST EVERY PROGRAM AT HINCKS-DELLCREST

The contributions and efforts of our volunteers allow us to augment our resources, offer more services, and receive in-kind contributions for projects throughout the Centre. Their contributions have extended the scope of our services and had tremendous impact on our ability to serve our community.

Our wonderful volunteers donated their time, skill and compassion for a total of 3,348 hours last year. Thank you!

OUR PROGRAM VOLUNTEERS

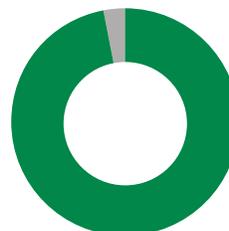
Emma Johnson
Robin McGrath
Anwar Bowen
Julia Vally
Silvija Vukadinovic
Aileen Mani
Helen Stolte
Jemi Oluwatusin
Medine Turan
Farhat Nasreen
Kimberlee Kathleen McGenerty
Esra Perek
Suzana Serrano
Melissa Villella
Carmen Tang
Frank Akakpo
Jennifer Biggs
Caitlin Foisy
Ruby Abrill
Marjan Sameh
Nick Stitt
John Creech
Damon Fabrizi
Lore Jacob
Jeyanthi Abayan
Kamalini Nantheeswaran
Mary Jisha James
Sheryl Trachter
Lianne Biggar
Maureen Maguire
Hopal Beltran
Sarah Ateshin
Mansoureh Charkhandeh
Chantal McCurdy
Fataneh Naguavi
Nilam Khatri Chhetri
Kate Allan
Huang Luna
Enara Mohamed
Melinda Cuffy
Ahva Shirzadi
Leticia Torrejon
Vivian Zang
Ivan Frey
Mandeep Kaur Singh
David Southam
Shaindl Diamond
Alireza Pourmohammadjani
Jamie Wei

FINANCIAL SNAPSHOT

THE HINCKS-DELLCREST FOUNDATION

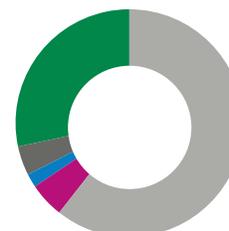
REVENUE

Donations and fundraising	\$	826,623	97%
Interest and other		25,220	3%
		851,842	100%



EXPENSES

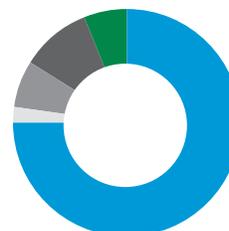
Salaries and benefits	\$	340,423	60%
Office and general expenses		30,232	5%
Building occupancy		10,763	2%
Purchased services		21,793	4%
Fundraising activities		160,539	28%
		563,749	100%



THE HINCKS-DELLCREST TREATMENT CENTRE

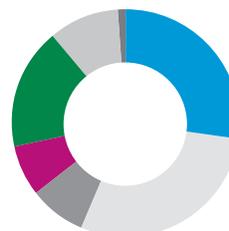
REVENUE

Government funding	\$	14,724,664	76%
United Way		313,304	2%
Grants and donations		1,333,594	7%
Gain on sale of capital assets		1,881,047	10%
Recoveries/other		1,082,275	5%
Investment income		30,100	0%
		19,364,984	100%



EXPENSES

Residential services	\$	4,972,066	27%
Non residential services		5,196,616	29%
Community support		1,543,624	8%
Open custody services		1,270,783	7%
Special projects		3,035,631	17%
Fundraising		4,859	0%
Administration		1,852,765	10%
Amortization		258,807	1%
Renovation and building/other		60,212	0%
		18,195,363	100%

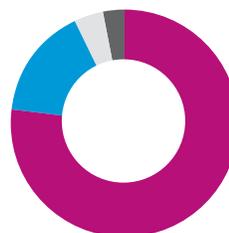


For a copy of The Hincks-Dellcrest Centre's audited financial statements, please visit www.hincksdellcrest.org or call (416) 924-1164, ext. 3244.

THE HINCKS-DELLCREST CENTRE - GAIL APPEL INSTITUTE

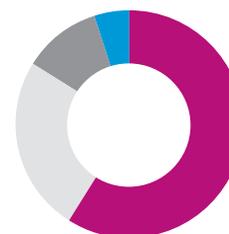
REVENUE

Training fees	\$	1,271,247	77%
Building rental		268,897	16%
Programs - Grants and donations		62,536	4%
Other		50,516	3%
		1,653,196	100%



EXPENSES

Training	\$	1,183,998	59%
Research		5,761	0%
Administration		503,709	25%
Interest and Bank Charges		1,711	0%
Building		223,958	11%
Amortization		91,662	5%
		2,010,800	100%



The operating deficit of \$265,942 (excluding \$91,662 in amortization) is primarily due to one-time restructuring costs, expenses for the Interpersonal Biology Conference held in April 2014 and lower than expected revenues from Narrative training operations

LEADERSHIP TEAMS

Board of Trustees – Treatment Centre

Ian Smith (Chair)
 Bryan Baker (retired June 2013)
 Blair Cowan
 Shaun Darchiville
 Chris Dingman
 Rob Graham
 Howard J. Kaufman
 Agnes Kazakos
 Susan Kee (retired December 2013)
 Tom Little
 Hugh McKee (Vice-Chair)
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The Hincks- Dellcrest Centre

A children's mental health treatment,
research, and teaching centre

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Committed to Children and Families

The Hincks-Dellcrest Centre team comprises more than 350 full-time and part-time staff members, students, trainees and volunteers. Our team includes psychiatrists, psychologists, social workers, child and youth workers, early childhood educators and community home visitors, along with administrative staff that support our work with children and families.

Our team is dedicated to Hincks-Dellcrest and children's mental health. Among our permanent and contract employees, more than half have been with the Centre for over a decade, while one-quarter have contributed more than 20 years of service.

www.hincksdellcrest.org

To make a donation

To support children's mental health and The Hincks-Dellcrest Centre, please contact Annabel Bassin at abassin@hincksdellcrest.org, (416) 924-1164, ext. 3343, or 1-855-944-HOPE (4673).

To volunteer

To inquire about volunteer opportunities at The Hincks-Dellcrest Centre, please email volunteer@hincksdellcrest.org or call (416) 924-1164, ext. 2111 or 1-855-944-HOPE (4673).

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